

End-of-Life Cafe: A Time to Talk and Share

***Fourth Thursday of each month:
January 24, February 28, March 28,
April 25, May 23, June 27
2:00 to 3:30 pm***

***Cynthia Stadler APRN, MSN, CHPN, Community
Liaison at BAYADA Hospice.***

LOCATION: ARC ANNEX

AT UPPER VALLEY SENIOR CENTER

***Ever wonder where you can talk about what is on your mind
about the end-of-life with other people struggling with the
same issues?***

***We will talk and share over light refreshments
and hopefully help make talking about these hard issues a
little easier for you.***

***Call Aging Resource Center at 603 653 3460 for
any questions and registration.***