



KATHY SHERRIEB

IN THE LYME LIGHT JANUARY, 2021

CommunityCare of Lyme has been built and is sustained by extraordinary volunteers who share their time, compassion, and expertise to further CCL's mission, harnessing neighbors' collective warmth and generosity to build and sustain a healthy community. As we experience this unfamiliar kind of New Year, we are looking forward to new energy and possibility, and also comforted by stability around us. It seems fitting that our January honoree embodies both the promise of the new and an extraordinary strength and dedication that has been central to CommunityCare of Lyme since our initial year. She is one of our longest serving Board Members. and has helped lead several important initiatives. In 2020, she founded and currently coordinates the Lyme Food Pantry. Kathy Sherrieb is In the Lyme Light!

For more than five years, Kathy has been a steadfast, hands-on leader and volunteer, while also offering a CCL helping hand to other important community programs. In discussing her volunteer efforts, Kathy chuckled, acknowledging her passion for food and feeding people seems to be an underlying trend. Before launching the Lyme Food Pantry, she volunteered at CCL Community Breakfast Cafés and helped coordinate the Lyme Health Ministry's Meals for Neighbors program, where she's been a longtime member of the cook team. She also is a wonderful baker, offering treats for all kinds of events and lots of sweet virtual hugs. In exploring the Food Pantry in particular, Kathy said that the idea came out of the fear of reduced food accessibility sparked by COVID -19. The hope was for this to be a "pop-up", short-term support; however with the pandemic having an impact longer than could have been known last March, the Food Pantry has become an ongoing Tuesday staple.

The Lyme Food Pantry is available weekly, with pantry items, bread, and fresh produce, for people who need any level of food assistance and for those staying home due to the pandemic. The Food Pantry has both pick-up and delivery options to support varying levels of comfort and need within the community. The goal is to serve everyone who asks.

Kathy noted that the Food Pantry volunteers are a thoughtful and fun group. The highest level of thought and planning goes into all elements, in order to follow safety and distancing guidelines. The Food Pantry welcomes new volunteers and is always seeking volunteer drivers, who deliver food to neighbors without going into their homes. Kathy says the Food Pantry team is flexible with time commitment and always open to new ideas for sharing food among neighbors. If you are interested in joining Kathy and supporting the Food Pantry, you may reach her at 603-795-2831 or at CommunityCare of Lyme 603-795-0603 or info@cclyme.org.

Our Mission To build on Lyme's heritage as a warm, welcoming and service-oriented community, by building partnerships, embracing new ideas, and designing systems that improve our individual and collective sense of well-being, as we help transform health and healthcare in our town and beyond.

